



# ICE BREAKERS IV

## LAKE PRESTON TAEKWONDO 20 JANUARY 2018

This tournament will be following WTF rules.

Preregistration for this event is as follows \$45 for one event \$50 for both events and same day registration will be \$60, entry fee paid to Lake Preston Taekwondo.

**Preregistration must be no later than 7 January 2018.**

All sparring competitors will be required to wear the following equipment: headgear, mouth piece, chest protector, forearm guards with hand protection, shin and instep guards, boys will wear cup.

**RANK:** \_\_\_\_\_ **WEIGHT:** \_\_\_\_\_ **M** \_\_\_ **F** \_\_\_

**SPAR:** \_\_\_ **FORMS:** \_\_\_ **AGE:** \_\_\_

**NAME:** \_\_\_\_\_

**PHONE:** \_\_\_\_\_ **E-MAIL:** \_\_\_\_\_

**CLUB NAME:** \_\_\_\_\_

**INSTRUCTOR:** \_\_\_\_\_

Upon accepting my entry, i do hereby, myself, my heirs, executors, and administrators waive, release and forevermore discharge any and all rights and claims for damages which may accrue to me, against the T.C.C.A., and all members of the tournament staff. i understand that Taekwondo is a contact sport and injuries may occur. i understand the rules and general information by which the tournament operates.

**DATE:** \_\_\_\_\_

**APPLICANT'S SIGNATURE:** \_\_\_\_\_

**SIGNATURE OF PARENT OR GUARDIAN:** \_\_\_\_\_

**SEND TO: Scott Ingalls**

**(Lake Preston Taekwondo)**

**300 Spring Ave N APT 3**

**Lake Preston, SD 57249**